### HANDS-ON EXPERIENCE

LEARN HOW TO INCORPORATE ORTHODONTICS INTO YOUR PRACTICE











# ACADEMY OF Gp ORTHODONTICS Offering comprehensive orthodontic continuing education courses where you treat patients, not typodonts.

Our 12-session course meets one weekend every two months and consists of a Friday classroom instruction and a Saturday comprehensive clinical hands-on training with direct patient treatment. Your site host and instructor will provide all the patients, materials, and supplies for the clinical sessions. The lectures include identification and understanding of the various types of patient malocclusions and how they can be treated effectively utilizing the Differential Straight-Arch® Technique. The knowledge gained through the Friday lecture/seminar format is reinforced by Saturday's clinical participation, allowing you the optimum learning experience.

#### **TECHNIQUE ADVANTAGES**

The Differential Straight-Arch® Technique is a comprehensive, fixed orthodontic appliance that facilitates learning because it is divided into three stages of treatment. An article on the technique is included in this packet. The bracket has the following advantages:

- It reduces the need for functional appliances, head gear, or any distalizing mechanics.
- · It reduces the need for orthognathic surgery.
- Anterior deep bites can be opened without the need for bite planes.
- Teeth can be easily moved without anchorage strain.
- · Extraction cases can be treated much easier.

#### **COURSE ADVANTAGES**

- It provides clinical training with patients for a handson experience.
- Treat a case load of patients from bracketing to retention for a full clinical experience.
- Participants are encouraged to begin cases in their own practices during the course.
- There is ongoing support and case consultation, along with available staff training.
- You will have the same instructor for each session with monitoring privileges upon completion.
- It is an invaluable source of CDE hours at a reasonable cost.

### CANADA COURSE

WITH DR. ROY HOLEXA

**HANDS-ON COURSE DATES** View the complete list of dates for this course on the SIGN ME UP registration form or on **www.academygportho.com**.

#### HOST FOR THE CLINICAL FACILITY

Dr. Fred Der · Keswick Dental Centre

417 The Queensway South, Suite 202 Keswick, Ontario L4P 2C7 • Canada Phone: 905.476.4371

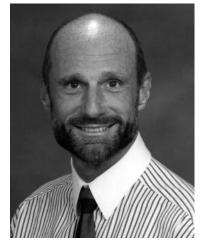
(10 min drive from the hotel)

#### **ACCOMMODATIONS/LECTURE**

**Holiday Inn Express & Suites Newmarket** 

100 Pony Drive Newmarket, Ontario L3Y 7B6 Reservations: 905-952-3833

Rate: Call for best rate (tell them you are with the Academy)



YOUR INSTRUCTOR Roy Holexa, D.D.S. began his orthodontic training in 1985 under the direction of the late Dr. Charles Yates, utilizing the Begg method of orthodontic treatment. He served as a teaching assistant to Dr. Yates in 1989. He began using the Differential Straight-Arch® Technique when it was introduced in 1987. Dr. Holexa is a member of the American Orthodontic Society and past president of the Academy of Gp Orthodontics. He has actively served on the Academy's Board of Directors and is currently serving on the Advisory Board. In September 1994 Dr. Holexa was acknowledged for his outstanding achievements as clinician and was the first recipient of the Academy's Charles D. Yates Distinguished Service Award.

Dr. Holexa has also developed courses for dental auxiliaries interested in expanding their knowledge of orthodontics and its incorporation into the general practice.

Dr. Holexa teaches the hands-on courses in McHenry, Illinois and Toronto, Canada. Dr. Holexa graduated from Loyola University School of Dentistry in 1976, where he was a member of the teaching faculty. He also served as a clinical supervising dentist at Harper College dental programs in Palatine, Illinois and was instructor for Head and Neck Anatomy in the dental hygiene program. Dr. Holexa resides in Fountain Hills, Arizona where he is currently a Comprehensive Care Unit Clinical Director at the Arizona School of Dentistry and Oral Health in Mesa. He is an alumnus of the L.D. Pankey Institute for Advanced Dental Education, a member of the American Dental Association and component dental societies.

The American Dental Education Association (ADEA), the organization responsible for all dental education in this country, recently honored Dr. Holexa. He was one of only 22 educators selected nationwide to participate in the ADEA Leadership Institute. Dr. Holexa will have the opportunity to interact with the leaders of dental education in the United States. The Academy of GP Orthodontics is proud to have Dr. Holexa as one of our 12- session hands-on course instructors. The training he will receive at the Institute will assist him in continuing to be one of the leaders in dental education.

#### **ARMAMENTARIUM**

Participants will be provided a course binder, technique guide, technique and diagnosis videos, lab exercise material, lecture and clinical handouts, clinical patients and clinical instruments and supplies. A dentist who does not hold a current Canadian dental license will be paired with a licensed Canadian dentist. Each participant will be required to bring some diagnostic materials; a list will be provided.

#### **FEES AND CDE HOURS**

The tuition for the 12-session course (minimum of 145 CDE hours) is \$14,900 USD plus two years of Academy membership. The Get Acquainted (6 CDE hours) is \$150 USD and has a twofold purpose. Use it as an *Introductory Session*, with a 5 day timeframe to register and confirm enrollment in the 12-session course. The Bonus weekend fee will be waived if the participant enrolls in the full course. Or, enroll in the 12-session course in advance and use it as *Session I* – a working weekend with lecture and clinical patients. A CDE hours verification record is given to participants upon completion of the course. Associate Fellowship status is awarded upon satisfactory completion of the course as outlined in the hands-on course syllabus.

#### **MEMBERSHIP**

Course tuition is based on a participant's membership in the Academy of Gp Orthodontics. The 2012-2014 membership dues of \$590 USD are due upon payment of the tuition. Membership includes a certificate, quarterly newsletter/journal, a reference CD with patient forms/ letters and marketing materials to help you incorporate orthodontics into your practice. In addition, the annual meeting registration fee is discounted 50% for the first-and second-year participant. The Academy networks and assists members in gaining additional knowledge in orthodontics through its annual, national convention and educational program. Members are encouraged to attend and bring cases from their practice for discussion. Membership allows your instructor mentoring service with free case problem solving consultation.

Wow! What an excellent training course! In a 35 year career in dentistry, this is by far the best maxi continuing education course I've taken — bar none. The complete training I've received has made, and is continuing to make a most dramatic impact in my practice. The mystery of orthodontics has disappeared having been replaced with a confidence to treat any orthodontic case!

- Charles E. Young, Jr., D.D.S. of Collierville, Tennessee





"This course was a wonderful learning experience for me. It has given me the ability as a general practitioner to confidently treat those patients already in my practice who desire orthodontic treatment. And the best part is the network of fellow students and our instructor, who was always there to help with challenging cases. I highly recommend this course."

– Tom Jacobsen, D.D.S. of Sitka, Alaska

"Taking this hands-on orthodontic course was the best continuing education decision I have ever made! There are other classroom/typodont only courses out there, but there is NO substitute for learning comprehensive orthodontics on patients."

- J. Dale Smith, D.D.S. of Canton, Ohio



### **COURSE HIGHLIGHTS**

WHAT YOU NEED TO GET STARTED

A highly qualified team of instructors, clinical instructors, and hosts provide on-going support and invaluable **comprehensive clinical hands-on training with direct patient treatment** to ensure excellent case results. Courses are limited in number of participants in order to maintain an optimum, dynamic student-to-instructor learning experience in a clinical setting. By the third session, you are encouraged to start orthodontic cases in your own practice. Course tuition and expenses are easily recovered by beginning three to four cases in your own practice. You may bring patient records to the Friday sessions for case discussion and troubleshooting. Tuition also includes monitoring for one year upon completion of the course, with current AGpO membership.

#### **COURSE FORMAT**

This Comprehensive Clinical Orthodontic Course will meet one weekend every two months for a total of 12 sessions. In addition to treating patients, participants will develop a digital library by taking intra-oral photographs of hands-on patients and will give case presentations to the class during the Friday seminar session. There will also be time to go over case records brought from each participant's own practice. Along with diagnosis and technique, the Friday seminar will include:

- Etiology
- · Growth and development
- · Interceptive treatment
- · Treatment planning
- · Surgical orthodontics
- Palatal expansion
- Impactions
- Limited cases
- · Compromised cases
- · Facial esthetics
- Practice and risk management
- Space maintenance
- Tongue thrust
- Early treatment
- · Air Rotor Stripping
- TMD
- Skeletal open bites
- Retention



- To facilitate your professional growth by providing an environment in which you will learn by doing.
- To enable you to more comprehensively service those who come to you for dental care.
- To help you become knowledgeable and confident in using the Differential Straight-Arch Technique.

#### TREATMENT OBJECTIVES

- Diagnosis
- · Treatment planning
- Active treatment
- Case finishing
- · De-bracketing
- Retention

#### **UPON COMPLETION**

You will

- have a knowledge and understanding of the Differential Straight-Arch Technique.
- be able to identify the classification of malocclusion the patient demonstrates.
- diagnose and develop a treatment plan for each case.
- have an understanding of the variables affecting treatment and treatment outcome.
- comprehensively follow the patient through treatment.
- gain a proficiency in treating orthodontic malocclusions seen in your practice.

#### **SESSION OBJECTIVES**

**Bonus Weekend** – This is an extra session and opportunity for all confirmed pre-enrolled course participants to attend a full day of lecture and full clinical participation with patient assignment and treatment.

"Get Acquainted Session" – This first session also serves as an optional session for potential course participants giving them the opportunity to meet the course instructor, the clinical instructor, the host dentist and visit the course clinical facility. Course enrollment is based on "a first-come, first-served basis". Potential enrollees have one week following the "Get Acquainted Session" to enroll in the course. Enrollment is full tuition and 2 years membership payment. All course enrollments are contingent upon approval by the course instructor following the Get Acquainted Session/Bonus Weekend.

This session will assist the participant in making an informed decision as to whether he/she will make the commitment to participate in the comprehensive 12-session hands-on program. This will also allow the instructor, the clinical instructor(s) and/or host dentist the opportunity to meet and interview potential course participants.

The Friday morning session will consist of a lecture of current ideas and trends in orthodontics and will allow the participant to view documented case presentations with a Question and Answer (Q & A) period regarding the course curriculum and the Differential Straight -Arch® Technique (Tip-Edge® System). The Saturday clinical session will continue with a clinical demonstration of initial banding and bracketing of patients with the Tip-Edge® System by the course instructor and patients will be assigned.

#### **SESSION SCHEDULE**

Friday — 8:00 a.m. to noon

 (Classroom) Lecture and Participation: Seminar/Lecture/ Diagnosis/Case Presentation/Typodont Exercises

#### 1:00 p.m. to 5:00 p.m.

 Diagnosis/Case Presentations and Treatment Planning for Patients

#### After the Friday Lecture

 Optional consultation session with instructor in diagnosis and treatment of patient records brought from each participant's practice.

#### Saturday — 8:00 a.m. to noon

• (Clinical) Participation: Hands-on Patient Treatment

"Going into the course, I had no idea about tooth movement and fixed orthodontics. At about 4 months into the course I was so amazed at what I had learned and put into practice. I have recommended it to my colleagues already. Thank you for giving me the opportunity to learn about Tip-Edge."

- Adetutu Omilabu, D.D.S. of Katy, Texas





"This course was the best step I've ever taken to recession proof' my practice. Many of my colleagues have complained about slow downs in their practice due to the economy. With ortho as part of my practice there is no seasonal slow down or economic down turn."

- Gregory R. Cannizzo, D.D.S. of McHenry, Illinois













### LEARN BY DOING

#### BECOME KNOWLEDGEABLE AND CONFIDENT IN ORTHODONTICS

#### **SESSION I**

#### Outline

- Introductions
- · Evolution of the Tip-Edge Appliance
- Introduction to "Hands-On" Patients
- · Introduction to Stage One
- The Orthodontic Work-Up

#### **Objectives**

- To demonstrate and explain the steps needed for the Orthodontic Workup
- To explain the Differential Straight-Arch® Technique from the initial banding and bracketing of the orthodontic patient through slides, lecture, and typodont exercises
- To explain and demonstrate Stage One of the Differential Straight-Arch® Technique
- The initial banding and bonding of patients in clinic

#### **SESSION II**

#### **Outline**

- Tip-Edge Stage One\* Treatment in detail
- · "Hands-On" Patients from Session I
- · Cephalometric, Model, and Bolton Analysis
- Patient consult appointment
- · Patient informed consent
- · Financial arrangement

#### **Objectives**

- To recognize and identify the information needed to diagnose the orthodontic patient. Explain Stage One with lecture, slides and review of the Differential Straight-Arch® Technique Guide. The diagnosis and clinical application of the technique will also be covered
- To demonstrate treatment diagnosis through a slide presentation, lecture, and cephalometric tracing exercises
- To demonstrate through lecture and slide presentation the patient consult appointment

#### **SESSION III**

#### Outline

- · Review Stage One
- Stage One problems
- · Palatal expansion
- Cuspid impactions



- · Continue Diagnosis Lecture
- · "Hands-On" Patients from Session II

#### **Objectives**

- To review all aspects of Stage One treatment and discuss problem areas relating to this stage of treatment. The clinical application of the technique to be discussed in detail
- To explain and demonstrate through slides, lecture, and written material: palatal expansion and cuspid impaction

#### **SESSION IV**

#### **Outline**

- Introduction Stage Two and Pre-Stage Two
- "Hands-On" Patients from Session III
- · Air-Rotor Stripping
- · TMJ Disorders and ortho diagnosis continued

#### **Objectives**

- To begin discussion through slides, lecture, and typodont exercises Pre-Stage Two, Stage Two, and Pre-Stage Three. Clinical application of the Stages of treatment will be covered as well
- To discuss through lecture, written material, video, and audio tapes the Air-Rotor Stripping Technique.
- To discuss and explain TMD disorder and its relationship to orthodontics

#### **SESSION V**

#### Outline

- · Stage Two, Pre-Stage Three, in detail
- · Etiology of Malocclusion
- · Extraction and non-extraction treatment
- "Hands-On" Patients from Session IV

#### **Objectives**

- To review Stage One through Pre-Stage Three and discuss areas of problems relating to these Stages and their clinical application
- To discuss through written material, lectures, and slides the etiology of malocclusion
- To explain the difference between non-extraction and extraction treatment, along with the various extraction site options

#### **SESSION VI**

#### Outline

- Midterm Exam
- · Practice Management "Trend Systems"
- Trend Systems
- · "Hands-On" Patients from Session V
- · Review Stage One, Two, Pre-Three

#### **Objectives**

- To explain and discuss practice management of the orthodontic patient as it relates to the financial office policy
- To continue to discuss and explain the various aspects of the Differential Straight-Arch® Technique through lecture, slides, and comprehensive exam of material covered in session's I-V

#### **SESSION VII**

#### Outline

- · Introduction to Stage Three
- · Lecture on tooth movement and apical resorption
- "Hands-On" Patients from Session VI

#### **Objectives**

- To learn Stage Three through lecture, slides, typodont exercises, and clinical application
- To explain through lecture, written material, and slides tooth movement and the problems of root resorption

#### **SESSION VIII**

#### Outline

- · Stage Three in Detail
- · Airway, Habits
- "Hands-On" Patients from Session VII
- · Risk Management

#### **Objectives**

- To continue through lecture, slides and clinical application the understanding of Stage Three of the Differential Straight-Arch® Technique
- To explain and discuss with articles, handouts and class discussion risk management as it relates to the orthodontic patient
- To discuss the slides, handouts, and slides various patient oral habits and their relationship to orthodontic malocclusions

#### **SESSION IX**

#### Outline

- Review all Stages
- · "Hands-On" Patient from Session VIII
- Finishing
- · Growth/Development Functionals

#### **Objectives**

- To explain and demonstrate (lab and clinical) the various finishing techniques of the Differential Straight-Arch® Technique in finishing the orthodontic cases
- To discuss through lectures, handouts, and slides the functional appliances that can be used in conjunction with the Differential Straight-Arch® Technique
- To explain growth and development and their importance to the orthodontic patient

#### **SESSION X**

#### **Outline**

- · Early treatment
- · Limited treatment
- · Review diagnosis
- "Hands-On" patients from Session IX

#### **Objectives**

- To discuss through lectures and handouts the pros and cons of One-Phase vs. Two-Phase Orthodontic Treatment
- To explain the uses of limited treatment objectives in some select patients with lecture, slides, and handouts

#### **SESSION XI**

#### Outline

- · Debanding and Retention
- Orthognathic Surgery
- Troubleshooting
- · "Hands-On" patients from Session X
- · Early treatment of malocclusions

#### Objectives

- To discuss through lectures and slides the various retention options
- To explain the various orthognathic surgery options vs. a camouflage approach

#### **SESSION XII**

### Outline

- "Hands-On" patients from Session XI
- · Final Review Final Exam
- · Graduation Awards Luncheon/Dinner

#### **Objectives**

- To review the Differential Straight-Arch® Technique from work-up to retention
- · Comprehensive examination
- Final discussion of the Differential Straight-Arch® Technique
- \*The Differential Straight-Arch technique employs differential forces and mechanics and is separated into three main stages. Each stage has its own objectives which are explained in detail in the course text. This has proven helpful for those teaching, as well as learning, and in general facilitates treatment, and improves the quality of the results.





MISSION STATEMENT The Academy of Gp Orthodontics is a non-profit educational and professional organization which was founded by Dr. Charles Yates in 1987. Its membership is composed of dentists and specialists who provide quality orthodontic care for their patients. The organization's goal is to facilitate the sharing of knowledge and new technological developments in the field of orthodontics through comprehensive orthodontic experiences with direct patient care.

#### **Academy of Gp Orthodontics**

509 E. Boydstun Ave. Rockwall, TX 75087 Phone 800.634.2027 Fax 888.634.2028 www.academygportho.com



### **COURSE DATES**

FOR THE NEWMARKET, ONTARIO, CANADA 12-SESSION COURSE 2012-2014

#### **HANDS-ON COURSE DATES**

#### 2012

Feb. 18 – Introductory Session

March 30-31 - Session I

May 11-12 – Session II

July 20-21 – Session III

Sept. 14-15 - Session IV

Nov. 9-10 - Session V

#### 2013

Jan. 11-12 - Session VI

March 8-9 – Session VII

May 3-4 – Session VIII

June 21-22 - Session IX

Aug. 23-24 – Session X

Oct. 25-26 - Session XI

#### 2014

Jan. 10-11 – Session XII/Graduation









"I took this course with the intention of improving my esthetic cases, but after starting the course I soon realized how orthodontics was going to become a big portion of my practice. The lecture and hands-on training gave me the confidence after a few sessions to begin some cases. Now after completing the course, orthodontics has become a real enjoyment for me and my staff."

- Kurt Stodola, D.D.S. of Moose Lake, MN

## SIGN ME UP

FOR THE NEWMARKET, ONTARIO, CANADA 12-SESSION COURSE 2012-2014

Name		D.D.S./D.M.	
Practice Name			
E-mail			
Address			
City			
Phone ()	Cell	II ()	
Fax ()			
Check all that apply  ☐ Sign me up for the "Get Acquainted Intro. Session" for \$150.00 U  ☐ Enroll me in the 12-Session Hands-on Course for \$14,900.00 US			
Payment (Payments will not be processed until 1 month before the course starts)			
☐ I have enclosed my check for \$			
☐ Please place my payment of \$ on my			
☐ VISA ☐ MasterCard ☐ Discover ☐ American Express		Exp. Date Security Code	
Name as it appears on card			
Signature			
Card billing address (if different from above)			
☐ 12 Months No Interest Financing through the Academy			
How did you hear about us?  AGpO website AGpO member ad (publication)		CANCELLATION POLICY (check to accept terms)  ☐ I understand that once my tuition is paid, I have three business days to cancel the course without penalty. No refunds will be made less than 21 days prior to the first session. The Academy reserves the right to delay or cancel this course with my option of a full refund.	
☐ other		ONTCASS	

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